

# Escape Planning for Older Adults



**Your risk of dying in a home fire is greater as you get older. Knowing what to do if there is a fire can make a big difference.**

- ✔ Know two ways out of every room. Practice using both ways.
- ✔ Remove any items that may block your way out of the room or your home.
- ✔ Discuss your fire escape plan with family and neighbors. Contact your building manager or fire department to discuss your plan if you need extra help escaping.
- ✔ Keep eyeglasses, keys, hearing aids and a phone within reach next to your bed.
- ✔ Practice your home fire escape drill twice a year.



Adults 65 and over are twice as likely to die in fires

For more information and free resources, visit  
**[www.usfa.fema.gov](http://www.usfa.fema.gov)**